

# a Picnic in Paris

Having a picnic in Paris is a delightful way to enjoy the city's beauty and charm. The combination of picturesque parks, delicious food, and a relaxed atmosphere makes it a quintessential Parisian experience. Here's how to plan a perfect picnic in Paris:

## How to Find Picnic Items, Food, and Drink

- **Local Markets:**
  - **Marché d'Aligre:** Located in the 12th arrondissement, this vibrant market offers a variety of fresh produce, cheeses, meats, and pastries.
  - **Marché des Enfants Rouges:** The oldest covered market in Paris, situated in the Marais, is a great place to find gourmet items and prepared foods.
  - **Rue Cler:** A charming market street in the 7th arrondissement, offering a wide range of fresh products, from fruits and vegetables to cheese and wine.
  - **List of Fresh Markets:** there are many but not all are open everyday [Guide to Fresh Markets](#)
- **Boulangeries and Fromageries:**
  - **Poilâne:** Famous for its delicious bread, perfect for any picnic.
  - **Maison Pichard:** Known for its award-winning baguettes and pastries.
  - **Fromagerie Laurent Dubois:** A renowned cheesemonger offering a superb selection of cheeses.
- **Wine Shops (Cavistes):**
  - **Nicolas:** A well-known chain of wine shops across Paris with a good selection of wines and champagnes.
  - **Legrand Filles et Fils:** Located in Galerie Vivienne, it offers a curated selection of fine wines.
- **Delicatessens and Specialty Stores:**
  - **Fauchon:** Offers gourmet picnic hampers and a variety of delicacies.
  - **La Grande Épicerie:** The food hall of Le Bon Marché, providing a wide selection of high-quality products.
- **Glasses:** Consider borrowing glasses from your hotel, but remember to return them after your picnic.
- **Corkscrew:** Most wine shops will also sell corkscrews, or you can ask at your hotel, as they often provide them.

## Parks Ideal for a Picnic

- **Champ de Mars:**

Located near the Eiffel Tower, this large park provides stunning views and ample space for picnicking. It's a popular spot, so arriving early can help secure a good spot.

- **Jardin des Tuileries:**

Situated between the Louvre and Place de la Concorde, this historic garden offers beautiful sculptures, fountains, and plenty of seating areas.

- **Parc des Buttes-Chaumont:**

Located in the 19th arrondissement, this hilly park features picturesque landscapes, a lake, waterfalls, and stunning views of the city.

- **Jardin du Luxembourg:**

A beautiful and well-maintained garden in the 6th arrondissement, known for its flowerbeds, statues, and the central Medici Fountain. There are plenty of benches and grassy areas for a relaxed picnic.

- **Bois de Boulogne:**

A large park in the 16th arrondissement, offering numerous spots for picnicking, including meadows, lakes, and shaded areas. It's perfect for those looking for a more nature-filled experience.

- **Parc de la Villette:**

Known for its modern architecture and cultural spaces, this park in the 19th arrondissement has vast green lawns ideal for picnicking.

## Picnic Tips

- **Arrive Early:** Especially during weekends and holidays, popular picnic spots can fill up quickly.
- **Bring a Blanket:** For comfort, as some areas may not have benches or tables.
- **Stay Clean:** Carry trash bags to clean up after your picnic, maintaining the park's beauty.
- **Weather Check:** Always check the weather forecast to ensure a pleasant experience.
- **Entertainment:** Bring along books, games, or a portable speaker for added enjoyment.

Having a picnic in Paris is a delightful way to soak in the city's atmosphere, savor delicious local foods, and relax in beautiful surroundings.

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