

# Pack for Paris

## Important Stuff

### Carry-On

#### Documents

- **Rule #1** Scan into a PDF file, every document you do not want to lose and no matter you think it is important or not. How to scan and save? No better scanner than is on your phone [Android Adobe Scan](#) or [Apple Store Adobe Scan](#) are amazing. Now I only use my commercial flat bed scanner for big jobs. Adobe Scan retouches scans to give the best quality and links to the cloud for saving.
- **Print** every critical document to keep near and safe such as a color copy of your passport.
- **Passport** Scan and print a couple color copies of your passport. Keep a printed copy in your wallet or purse. Lock your real passport in the hotel safe. In France, you must carry an ID card at all times. Police will accept a printed copy but offer to fetch the real-deal at the hotel. Police will not bother you if you are polite and respectful. Remember that a US driver's license is not a legal ID card outside the US
- **Credit Cards** Scan both sides. Notify your credit card provider(s) that you will be traveling. This way your credit card will be valid if you make a payment outside of you normal area. Test ATM withdrawal one week before you leave home.
- Store your important documents in the CLOUD or eMail to yourself.

#### Medications

- Prescriptions
- Medications - inventory and plan refills. Carry-on containers. Liquids
- Notify your prescribing physician of your travel
- Make a list of all medications and non-pharmaceuticals that you take and for what reason. Print and scan.

## Tech Stuff

USB key but encrypted and password protected

## Clothes

- No Tourist Look - anyone in Paris will spot a North American tourist from across the street simply by the way they dress.
- Capsule Wardrobe is perfect for visiting Paris. Dress as the proper Parisian dresses

- Wear Black with classy accents like a colorful silk scarf and name-brand leather purse.  Do you know why the Parisians were black? Why do New Yorkers wear black?
- Jeans are OK if they are of high quality and name-brand. Make sure they fit and compliment you well. Black jeans are perfect
- No shorts - for men or women, shorts and flip-flops are reserved for the beach, not Paris.
- Avoid White Sneakers and white socks
- No Baseball Caps
- No Sweats or athletic clothes in public unless you are really running in the streets.
- Light jacket or sweater for any time of year
- Very good walking shoes

## Bags

Something to carry your stuff (backpack will be a dead giveaway that you are American, *messenger bag* is more Parisian and can usually carry all you need for the day. Try not to take any bags into museums because usually bags are requested to be checked in

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## Arrive

see WikiVoyage Paris Many, many tourists arrive at airports and train stations to be transported to center Paris every day of the year.

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